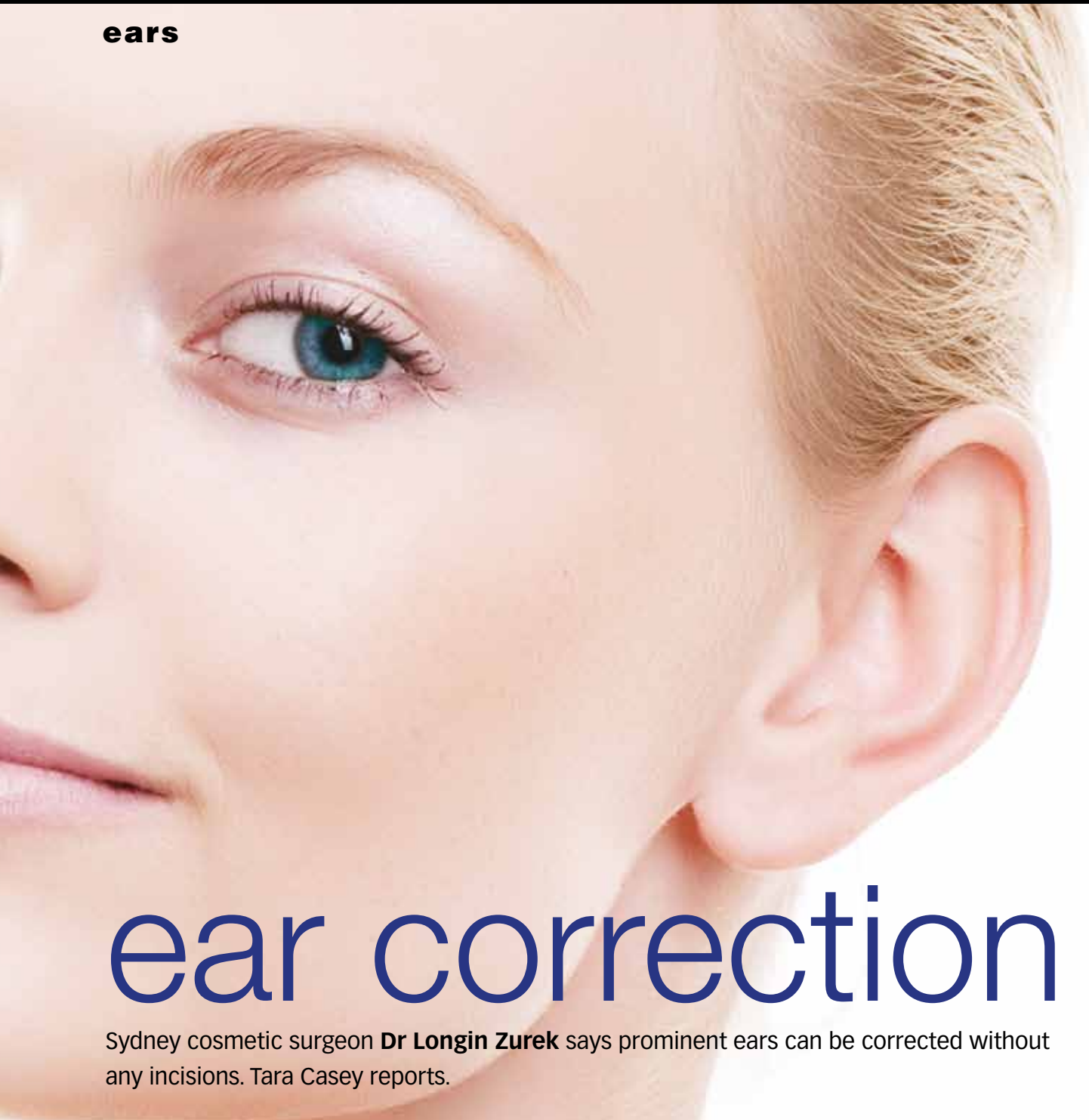




ears



# ear correction

Sydney cosmetic surgeon **Dr Longin Zurek** says prominent ears can be corrected without any incisions. Tara Casey reports.

According to Sydney cosmetic surgeon Dr Longin Zurek, prominent ears are one of the most common congenital deformities in the head and neck region, affecting around one in 20 people. The condition can result in a significant aesthetic and psychological handicap.

Surgical correction of prominent ears was first reported in the 19th century and since then more than 200 techniques have been published.

The majority of procedures are based on removal of skin from behind the ear, weakening of the cartilage, incision of the cartilage or excision of the cartilage.

'In recent years minimally invasive surgery has become increasingly popular as it has proved beneficial to both the patient and surgeon,' says Dr Zurek. 'Approximately 15 years ago, the need for cutting of the cartilage and removal

of skin from the ear was challenged and minimally invasive otoplasty without incision was developed.'

Pleasing and long-lasting results have been achieved with this technique. Dr Zurek says patients appreciate the relative simplicity of the procedure: no dressings, minimal swelling and discomfort, as well as a short down time.

### Benefits of ear correction without incision

- Performed under local anaesthetic and oral sedation
- No incision, only skin punctures
- No dressings, only a soft tennis headband to be worn at night for one week
- Hair can be washed the day after surgery
- Down time is typically a few days only
- Minimal discomfort or possible complications **acsm**

### Case study



Eight-year-old boy BEFORE



One month AFTER no-incision otoplasty by Dr Zurek



Eight-year-old boy BEFORE



One month AFTER no-incision otoplasty by Dr Zurek

Dear DR.Zurek  
 Thankyou for doing my ears. It didn't even hurt when you did it. When I went back to school I was so happy when I wasn't being teased. All the people that liked to call me names want to be my friends now. I don't fall down all the time now. I like my self a lot better. Thankyou Dr. Zurek you have changed my life.  
 From Zack

