



AS SEEN IN AUSTRALIAN COSMETIC SURGERY MAGAZINE

new approach to neck and face lifting

Sydney cosmetic surgeon **Dr Longin Zurek** explains a less invasive technique to lift the neck and lower face.

According to Sydney cosmetic surgeon Dr Longin Zurek, the majority of people seeking facial cosmetic surgery are concerned about the appearance of their neck and lower face.

With ageing, the looseness of skin, accumulation of fat underneath the chin and separation of muscle in the neck becomes more apparent. Other factors such as weight loss and sun damage also significantly contribute to the signs of facial ageing.

'The configuration of the face and neck is primarily determined by genetics,' says Dr Zurek. 'Many people observe these progressive ageing changes in their parents and wish to prevent the same happening to them.'

The conventional facelift involves extensive surgery with many inherent risks and prolonged recovery, and an

increasing number of people are seeking a less invasive alternative, he says.

While attending a Congress of Aesthetic Surgery in Paris in 2006, Dr Zurek was impressed with a new approach to neck lifting by suspending the muscle of the neck vertically, rather than moving and stitching it towards the midline. He further learnt details of this technique while visiting the practices of his colleagues around Europe.

This new approach is in line with his continuing search for less invasive methods, and he has since improved the technique by adding tightening manoeuvres to the lower face. 'The procedure is commonly combined with liposculpture of the neck and jowls, or it can be performed in isolation to address the neck and lower face,' Dr Zurek concludes. **acsm**



Case study 1



BEFORE



Two years AFTER neck and lower face lift by Dr Zurek (Note improvement to neck and jaw line)

Case study 2



BEFORE



One year AFTER liposculpture of neck and jowls and neck and lower face lift by Dr Zurek (Note improvement to neck and jaw line, as well as an overall refreshed appearance)

DR LONGIN H ZUREK

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Silhouette of actual patient before and after S-Lift performed by Dr Zurek