



face

# Short Access Facial Elevation

According to Sydney cosmetic surgeon **Dr Longin Zurek**, the SAFE facelift provides a rejuvenated appearance with minimal down time. Tara Casey reports.

It has been 10 years since Sydney cosmetic surgeon Dr Longin Zurek performed the first S-Lift in Australia. Since then he has modified the S-Lift into an advanced procedure which he has named S-Access Facial Elevation (SAFE).

Dr Zurek has performed well over 1000 SAFE procedures and reported his technique and outcomes at numerous conferences in Australia and overseas. He has been invited to conduct a number of workshops overseas and has also written a chapter for a surgical textbook, describing his techniques in detail. **acsm**

## Summary

- Suitable for all degrees of facial ageing (age groups vary from early 30s to late 80s)
- No facial nerve injury or other significant complications in over 1000 cases
- Brief recovery time (generally seven to 10 days)
- Imperceptible scar that is hidden in the natural creases in front of the ear
- Natural improvement in the neck, lower and mid-face due to vertical repositioning of sagging tissue and removal of redundant skin
- Walk-in, walk-out procedure performed under local anaesthesia and oral sedation

## Imperceptible scar



**AFTER** (close-up of the ear) SAFE procedure performed by Dr Zurek. Note the imperceptible scar in front of the ear



**BEFORE**



**One year AFTER** SAFE procedure performed by Dr Zurek. Note the refreshed appearance with no stigma from surgical intervention