



ears

correcting ears

Sydney cosmetic surgeon **Dr Longin Zurek** discusses his technique to correct prominent ears – without incisions.

Today's media defines what society perceives as an attractive or unattractive appearance. Characteristics perceived as odd or unusual often have out-of-proportion facial features, such as ears that are too large, stick out or are strangely shaped.

It is therefore unfortunate that prominent ears are a common congenital deformity of the head and neck region. In an increasingly visual world, such a feature may prove to be a significant handicap in a person's professional and personal life.

Since 1845, over 200 techniques of surgical correction

of prominent ears have been reported. These have involved the removal of skin from behind the ear,

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weakening of the cartilage, cutting of the cartilage and/or cartilage removal, cartilage moulding and rotation of the

ear by special suture. Results have been varied.

The classical approach to ear correction was challenged by an Israeli plastic surgeon in the early 1990s. He found that there was no need to remove skin as there was no excess skin, and no need to open the front and back of the ear if a procedure can be performed successfully without cutting. He also found that cutting the cartilage could result in unnatural ridges, and weakening the cartilage could add unnecessary trauma. He concluded that long-standing postoperative bandages were not necessary, and satisfactory results could be achieved without stitches behind the ear.

'People with prominent ears may initially be assigned certain negative traits by other people, regardless of their character'

Sydney cosmetic surgeon Dr Longin Zurek has refined and modified the technique, along with other minimally invasive procedures, including the SAFE (Short Access Facial Elevation) and AGE Filament facelifts.

The current trend in cosmetic surgery to 'keep it simple' is beneficial to both the patient and surgeon, because it reduces the risk of complication and downtime. **acsm**

The main features of the No Incision Ear Correction performed by Dr Zurek are:

- it is performed under local anaesthetic
- no cutting is required as special sutures are used
- instant results are achieved
- there are no obvious signs of intervention, such as scars
- there is minimal postoperative discomfort
- the area can be washed immediately
- the results are long-lasting
- the only postoperative requirement is to wear a soft tennis headband at bedtime for one week.

case 1



BEFORE



Immediately AFTER no-incision otoplasty by Dr Zurek
 Note: Improved facial balance and no signs of surgical intervention

case 2



BEFORE



Immediately AFTER no-incision otoplasty by Dr Zurek
 Note: Improved facial balance and no signs of surgical intervention



BEFORE



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