



facial rejuvenation

Sydney cosmetic surgeon **Dr Longin Zurek** discusses facial rejuvenation with minimal intervention. Lauren Alexander reports.

People who are interested in a refreshed, more youthful appearance are offered a multitude of different approaches to facial rejuvenation. In recent years consumers have been turning away from more aggressive procedures, which has resulted in a growing interest in less invasive alternatives that carry less

'Often a more satisfying result can be achieved through less invasive surgery'

risk of complication, shorter downtime and a more natural outcome. Patients are beginning to realise that often a more satisfying result can be achieved through less invasive surgery, or in other words, that less is more.

Through this philosophy, the aim is for natural improvement without the evidence of surgical intervention ('wind-tunnel appearance', visible scars etc),



BEFORE



AFTER S-Access facial elevation and AGE Filaments to outer brow performed by Dr Zurek



BEFORE



AFTER upper blepharoplasty and AGE Filament lift to mid-face performed by Dr Zurek

AGE (Anti-Gravity/ Elevation) Filament Facelift

- Experience of over 1000 cases
- Custom made from bio-compatible material commonly used in surgery as permanent suture
- Performed under local anaesthetic
- No skin incision – only needle puncture
- Extremely low risk of complication
- Suitable for internally supporting (reinforcing) and repositioning of mild to moderate sagging facial tissue – is inappropriate in severe cases
- Filaments anchor themselves underneath the skin and will integrate with time resulting in long-lasting support of facial tissue
- Short recovery time.

rather than a change in appearance.

Sydney cosmetic surgeon Dr Longin Zurek has been at the forefront of this evolution. He introduced the S-Lift to Australia in 1998 and developed it into his personal modification, which he terms S-Access Facial Elevation. He has also developed his own method of lifting with self-anchoring filaments which he has called AGE (Anti-Gravity/ Elevation) Filaments.

S-Access Facial Elevation

- Experience of approximately 2000 cases
- No incidence of facial nerve injury or other significant complication
- Lifting and tightening of SMAS with skin and soft tissue attached to it ('unit lifting')
- Tightening of facial skin by removal of excess skin
- Wound repair without tension producing an imperceptible scar
- Performed under local anaesthetic on a walk-in-walk-out basis.



BEFORE



AFTER S-Access facial elevation, upper blepharoplasty by Dr Zurek



BEFORE



AFTER S-Access facial elevation, lower blepharoplasty, AGE Filament lift of the outer brow and earlobe reduction performed by Dr Zurek



Average scar in front of the ear
AFTER S-Access facial elevation by Dr Zurek



BEFORE



AFTER S-Access facial elevation, upper blepharoplasty
by Dr Zurek