



AS SEEN IN AUSTRALIAN COSMETIC SURGERY MAGAZINE

correcting prominent ears

Prominent ears can be corrected with minimal discomfort and downtime, says Sydney cosmetic surgeon **Dr Longin Zurek**. Tara Casey reports.



Prominent or protruding ears are one of the most common congenital deformities in the head and neck region, affecting around one in 20 people. For many, the condition can result in a significant aesthetic and psychological handicap.

There are many causes of protruding ears, including genetics or birth defects. Many infants are born with prominent ears and while some will develop normal ears after birth, others will not. A lot of these children suffer psychological damage from being teased because of their protruding ears.

A relatively simple cosmetic procedure can both correct prominent ears and help restore self-confidence.

'Surgical correction of prominent ears was first reported in the 19th century and since then over 200 techniques have been published,' says Sydney cosmetic surgeon Dr Longin Zurek.

'The procedure can both correct prominent ears and help restore self-confidence'

The majority of procedures are based on removal of skin from behind the ear, weakening of the cartilage, incision of the cartilage or excision of the cartilage, but it's now possible to correct prominent ears without making any incisions at all.

'In recent years, minimally invasive surgery has become increasingly popular as it has proved beneficial to both the patient and surgeon,' says Dr Zurek.

'Approximately 15 years ago, the need for cutting of the cartilage and removal of skin from the ear was challenged, leading to the development of minimally invasive otoplasty without incision.'

Pleasing and long-lasting results have been achieved with this technique. Dr Zurek says patients appreciate the relative simplicity of the procedure: no dressings, minimal swelling and discomfort, as well as a short downtime in typical cases. **acsm**

Benefits of ear correction without incision include:

- Performed under local anaesthetic and oral sedation
- No incision, only skin punctures
- No dressings, only a soft tennis headband to be worn at night for one week
- Hair can be washed the day after surgery
- Downtime is typically a few days only
- Minimal discomfort or possible complications.



BEFORE



BEFORE



BEFORE



AFTER ear correction without incision by Dr Zurek



AFTER ear correction without incision by Dr Zurek



AFTER ear correction without incision by Dr Zurek

DR LONGIN H ZUREK

FELLOW, AUSTRALASIAN COLLEGE OF COSMETIC SURGERY
DIP. INTERNATIONAL BOARD OF COSMETIC SURGERY
CERTIFIED COSMETIC SURGEON

SPECIALISING IN MINIMALLY INVASIVE FACE & BODY COSMETIC SURGERY

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Silhouette of actual patient before and after S-Lift performed by Dr Zurek