



breasts

breast enlargement under local anaesthetic

Breast enlargement surgery is currently one of the most popular cosmetic procedures in the world, according to **Dr Longin Zurek**. Tara Casey reports.

Breast enlargement surgery is usually done under general anaesthetic or intravenous sedation, however the patient now has the option of having cosmetic breast surgery performed under local anaesthetic and oral sedation. An inhalational analgesic can provide the patient with additional comfort.

There is a wide range of different cohesive silicone-gel breast implants available to suit the individual.

The implant may be placed on top of the chest muscle or partially underneath the muscle when there is insufficient tissue coverage of the natural breast.

The access incision is usually underneath the breast or

in the armpit. Dr Zurek prefers to place it in the areola (pigmented skin around the nipple) as this is expected to heal with an imperceptible scar.

Benefits of breast augmentation under local anaesthetic include:

- Increased patient safety by eliminating the risks involved with general anaesthetic/IV sedation
- Minimised surgical trauma by lifting the breast from the chest wall with the anaesthetic fluid
- Reduced post-operative discomfort and recovery time
- True 'walk in, walk out' procedure. **acsm**

case study

This 30-year-old mother of two was concerned about the small size of her breast. The pictures show her three weeks after breast augmentation surgery with 260cc Inamed high-profile silicone-gel filled breast implants were placed on top of the chest muscle under local anaesthetic. The incision was made through the areola.



BEFORE



Three weeks AFTER breast augmentation surgery by Dr Zurek (showing an almost imperceptible scar of the areola)